

## ABSTRACT

A cable and the like protection and guide device, which can prevent the rub-damage of the cable(s) and the like even if the device is operated at high speed and high frequency is disclosed. A number of link bodies (11) are articulably  
5 connected to each other in the longitudinal direction with the cables and the like (12, 112, 113) inserted therein. Each of the link bodies comprises a pair of side plates (21) disposed on both sides of the cables and the like and the connecting rods (22, 23) respectively spanned across the bending outer circumferential side and the bending inner circumferential side. Further cable protecting sheets (31,  
10 32) are inserted along the longitudinal line of the cable and the like on at least one of the bending outer circumferential side and the bending inner circumferential side.